**SASRA NEWSLETTER**

For more information go to:

[www.sasra.co.uk](http://www.sasra.co.uk/)

**2024 NEW YEAR MESSAGE FROM THE CHAIRMAN**

Can I wish all SASRA members and their families a happy and healthy New Year for 2024.

Similar to last year, 2023 proved to be another difficult year for us all due to the war in Ukraine which pushed up the price of gas & electricity affecting the cost of operating our facilities.

**Annual General Meeting (AGM)**

The 2023 AGM was held on the 4th of October at the Falcon Club. The annual accounts were presented for perusal by those in attendance. No proposals were submitted for consideration; therefore, Company procedures remain unchanged.

Phillip Lowden was elected unopposed onto the SASRA Executive

**Membership**

The previous card production and distribution process is no longer available to us. However, if you would like to receive your card, please contact us via email at membership@sasra.co.uk Following the request, your card will be issued by post. Please notify us if any of your details have changed recently.

**SASRA Executive**

Phillip Lowden’s appointment as a director brings the number serving on the Executive up to 9. This is the full complement permissible by the SASRA Articles of Association. Phil has already demonstrated his commitment and enthusiasm to SASRA with work he has undertaken in a voluntary capacity.

**SASRA Manager**

Ellie Dunne was appointed to the position, replacing Gemma Bloor. Ellie took up her role in April last year following an interview process. I welcome Ellie to her new job and wish her every success. It would be remiss of me not to mention Gemma Bloor, the previous Manager. I would like to thank Gemma, who left for family reasons, for her commitment in the short time she was in the post.

**Properties**

I am pleased to confirm that the negotiations for ownership of the NDA properties (the Falcon Complex and the Windscale Club) previously leased to SASRA have now been completed successfully. There had been a slight delay with the transaction when the properties were not identified correctly on the documentation lodged with the Land Registry. This has now been rectified. The transfer does not include the Boat Club which is situated on the foreshore at Seascale. This is due to NDA requiring access to monitoring facilities based on that site. The Boat Club are in negotiations with the NDA to agree terms for a new lease to cover the Club’s usage.

Late in the year, the Rifle Club were requested by the NDA to vacate the property on the Low-Level Waste Repository (LLWR) Site at Drigg. The building has housed their shooting range for over sixty years. Notice was served on them to vacate the building by November 2023 as it was to be demolished. The Club have a healthy membership. However, finding a new site, funding, and building a new range was being problematic. Due to the commitment of the Rifle Club members and the support from Local Councillors, (Andy Pratt and David Moore), LLWR have extended the period of notice. A new site at High Ling Bank has been offered and discussions are ongoing to agree the terms of a new lease.

**Social Clubs**

Both the Falcon Complex, Windscale Club and their associated fitness centres and sporting activities are now back to pre-Covid levels of operation. Sporting Sections are at liberty to apply for a level of financial support through the grant system. When submitted, applications will be required to highlight the reason for the request and the amount requested. The application should also include the following Section documentation: AGM Minutes, Annual Accounts and SASRA Membership list. Consideration will only be given to applications if these conditions are met. Sections should also be aware that there are options to apply for grants through their own Governing Bodies and other miscellaneous organisations. It is always worth an enquiry through these channels should they wish to upgrade equipment or improve their facilities.

**1000 Clubs**

The Clubs have continued to operate successfully. However, due to the number of retirees from the Sellafield Site, ticket numbers have reduced. This situation was highlighted at the 2023 AGM with the intention to integrate membership into two viable Clubs. The change in structure enables the current prizes awarded to remain constant, particularly with the £10,000 prizes in December of each year. Members will be able to determine any amendment of their ticket number in January 2024 when any changes will be displayed on the SASRA website. The lucky winners of each monthly draw will also continue to be displayed on the website.

Tickets are still available in both Clubs. If anyone wishes to take advantage of the chance of a windfall, application forms can be obtained by emailing membership@sasra.co.uk

Entry is not restricted to Sellafield employees. All that is required is that you are a SASRA member. Winners’ cheques are posted out monthly. However, if you are an existing member and your details have changed recently, will you please notify us of any change of circumstances. This will enable us to issues all winners’ cheques promptly and correctly.

Finally, can I take this opportunity to thank you all for your continued membership which is greatly appreciated. Also, thanks to the staff in all our facilities for their efforts together with the numerous volunteers who work tirelessly to maintain the various SASRA Sections.

Last, but not least, I would like to give thanks to all the SASRA Executive members for their hard work and commitment during the past twelve months.

**On behalf of The Executive thank you all so much for your continued support to SASRA.**

**Geoff Turrell**

SASRA Chairman

***T*here is a number of 1000 club draw tickets available. We have two 1000 club’s, if you require a ticket apply to:** ***membership@sasra.co.uk***

**This e-mail address is being protected from spambots. You need JavaScript enabled to view it  ticket are £4.50p each per month.**

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| **Windscale Bar, &Function Facility. Seascale** **Tel: 019467 28468** **The Windscale Facility offers a warm welcome and a wide range of facilities for all the community. The facility is in Seascale close to the south entrance to the Sellafield site.****The facility provides the ideal venue for your evening & weekend social events. The bar & function room is fully licensed and has a lounge showing all** **sports on a wide screen TV and a function room which is free to all members Contact us to discuss your requirements. The Windscale facility friendly, warm atmosphere is the perfect location for a family get together or a friendly catch up. Fortnightly on a Tuesday we hold a Quiz catering available for functions. Monthly bands/singer held in the club. Check Facebook for further details.****Falcon Bar, Function Facility & Restaurant. Egremont**Image may contain: food**Tel: 01946 820421The Falcon Bar& Resterant situated in Egremont offers a warm welcome and a wide range of facilities for all the community. It is easily accessible and has lots of free car parking. The facility is fully licensed and shows all Sky & BT sport channels, the Restaurant his open Thursday, Friday Sat Sunday, The bars are well stocked with a wide range of premium lagers, wines, and spirits. All rooms are decorated and furnished to a high standard, making the facility a comfortable meeting place for all the community.****Function room.****We also provide the perfect venue for all types of parties, funeral teas.** **The Function room can easily hold parties of 150 guests contact us to discuss your requirements.** **Image may contain: people sittingLet us help provide the perfect day for your wedding reception We can help with the practicalities so that you can enjoy every moment and make it a day to remember. attention to detail and complete flexibility will ensure the perfect day. We also have a small room bottom of lounge ideal for baby showers birthday party's etc holds 35 people comfortable.****Outside catering is allowed for all functions. Patio Area and grass areas for outside events.****Free booking of the Falcon and Windscale Function Rooms is available to members and non-members alike.**  |

Both the Windscale & Falcon clubs run a successful loyalty scheme whereby SASRA members collect points which can be redeemed on all purchases. For more information, call into the Clubs our members of staff will be more than happy to help you.

CONFERENCES.

The ideal venue for your business meetings, presentations training and conferences. The conference facility is located at the Falcon Club Egremont and consist of 3 fully fitted conference rooms, and function hall,

SPORTS FACILITIES

**Windscale Squash and Fitness Club**

Tel: 01946 823130

**More than just a Squash Club!!! One of Egremont’s best kept secrets!!!**

**Located at the Falcon Complex** this friendly sports club has four recently refurbished Championship Courts and a fully equipped cardio and weights gyms, fitness-spinning room which caters for all abilities. After a game or workout, you can relax in our male and female steam rooms.

**Not only can you play Squash** (socially or competitively) but also **Racquetball, Pickleball and Table** **Tennis** with equipment provided if you are trying for the first time! Squash coaching is available for all ages through club coach Gavin Stephenson starting with the junior and schools’ programmes along with tailored adults coaching sessions.

The club run numerous squash competitions over the year and fund raise in parallel, this year’s charity is The Logan and Gary Lions Heart fund. Last year the club raised £800 for the Think Pink Breast Cancer charity.

On the fitness side we have a full programme of fitness classes which operate 7 days a week using a combination of the gym and the squash Courts.

**Fitness sessions include:** -

* Spinning-Indoor cycling
* Body conditioning,
* Weight Circuits
* Activation Bands
* Kettlecise
* Strech
* Yoga, new for Autum-Winter 2023

**More new sessions are coming in the new year, follow our Facebook site for all the details.**

We also have links with WCH and local medical practices and provide GP Referral and Fit start classes for those recovering from illness, joint replacements or just wanting to remain active in later life.

Our Manager Barbara and team of Lorraine, Anne Marie, Mahesh, and Anne are on hand to discuss your needs and provide a tour of our facilities. Call the clubs reception on 01946 823130 to book a tour.

Come and have a look you will be surprised at what we offer,

**Seascale Community Fitness Centre**

01946 727882

The Gym is on the same site as the Windscale Club

**Resistance Zone & Cardio Machines** The gym is available for members of all ages, shapes, and sizes. The Gym has a complete range of fitness and exercise equipment to help reach and maintain your fitness goals.  Whether you are a regular exerciser or a complete beginner our team will help create an exercise programme to suit you.

**Fitness Class –**

Boxercise-Kettle Bells –

Pilates-Circuit Training-

Strength and Conditioning all

held regularly.

Boxercise, Kettle Bells, Pilates, Circuit Training, Strength, and Conditioning all held regularly.

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Pilates-Circuit Training-

Strength and Conditioning all

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**Windscale AFC**

We have a thriving Senior and Junior Section. All fixtures are played at the Falcon Complex which supports a total of 5 grass pitches (2-Senior-11v11, 1--9v9 and 2-7v7 mini-soccer pitches). The Section have 15 Junior teams in their structure, 3xU7, 3xU8, 2xU9, 2xU10, 2xU11, 1xU12 and 2xU14. These are complimented by 2xSenior teams which provides a structure for the Junior players to progress through to adult football should they wish to take that option. Training and matches are held at the Falcon Complex in the summer months, moving indoors or to an all-weather facility during the winter. The club have achieved FA Accreditation and continue to operate under those principles. They are required to conform to current safeguarding regulations. The Club have two trained Welfare Officers. Their role is to ensure good practice along with the management of all safeguarding issues within the club structure. Coaching is delivered by qualified coaches at FA Level 1.

The First team participate in the Wearside League which is a Feeder League into the Football Pyramid at Step 6. The Reserves compete in the local Cumberland County League. Windscale FC also support a Pan Disability team who play in the Ability Counts League based in Carlisle.

New players are always welcome to join. Anyone interested in any of the age groups, Junior or Senior, can contact the Club on the email below.

windscaleafc@talktalk.net

**Seascale Cricket Club**

are affiliated to SASRA and play their home

fixtures at the Seascale Recreational Association

(SRA) field in Seascale. The club has three senior

teams and ~~two~~ an Under 11 junior team~~s~~. The 1

st

 XI play all

their games on Saturdays in the ~~North Lancashire~~

~~and~~ Cumbria Cricket League. The 2

nd

 XI play their

games on Sundays in the West Cumbria Cricket

League; the midweek team play friendly fixtures

on week days. ~~Both~~ The junior team~~s~~ competes in the

Cumbria Junior Cricket League.

New players are always welcome

Senior teams’ practice on Thursday or Friday

evenings and new players can contact Steve Brown

on 019467-28352 or s.cbrown@btinternet.com

Or Adam Brown on 07541752106 or adam.brown3@hotmail.com Or Andy Lee on 019467-28292 or

andylee615@gmail.com

Junior teams practice on Tuesday evenings and

new players can contact

~~Lee Fleet~~ Dave Norcross on ~~019467-27684~~ 07983108661 or

~~Lee.Fleet@live.co.uk~~ norky76@sky.com

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ffiliated Section Rifle

Windscale Rifle Club shoots at its 25-meter indoor range located at Drigg and holds

an MoD licence to use Military Ranges.

Indoor 25mtr Range

The club caters for small bore calibre shooting on the indoor range. Due to range

certificate and size of the club it cannot shoot full bore rifles on the indoor range.

Club competitions are carried out on the indoor range. Competitions are carried on

a regular basis over 12 months through the Phoenix leagues.

Full bore Rifle shooting on Military Ranges

Windscale Rifle Club has access to MoD ranges where full bore rifles are used.% The

ranges are located at Catterick, Bellerby (North Yorkshire).

Full bore rifles are used on the MoD ranges at Bellerby. Various ranges are used

from 300 to 600 yards. Organised shoots are done monthly.

Home Office Approved Club / National Rifle Association

Windscale Rifle Club is a fully Home Office Approved Club and is affiliated to the

National Rifle Association

Seascale Cricket Club are affiliated to SASRA and play their home fixtures at the Seascale Recreational Association (SRA) field in Seascale. The club has three senior teams and a junior under 11 age group team but welcomes anyone who is interested in playing cricket. The 1st XI plays all their games on Saturdays in the Cumbria Cricket League; the 2nd XI play their games on Sundays in the West Cumbria Cricket League and a midweek plays friendly fixtures on a regular basis throughout the summer on week day evenings. The junior team competes in the Cumbria Junior Cricket League against other local junior teams.

Senior teams practice on Thursday and/or Friday evenings; the junior players are coached/practice on Tuesday evenings.

New players are always welcome; new players can contact Either Steve Brown on 019467 28352 or s.cbrown@btinternet.com

or Andy Lee on 07415059778 or andylee615@gmail.com

or Adam Brown 07541752106 or adambrown1509@hotmail.com

 New Junior players should contact Dave Norcross on 07983108661 or norky76@sky.com

**Rifle Club**Windscale Rifle Club shoots at its 25-meter indoor range located at Drigg and holds an MoD licence to use a Military Ranges. The club caters for small bore calibre shooting on the indoor range. Due to range certificate and size of the club it cannot shoot full bore rifles on the indoor range. Club competitions are carried out on the indoor range Competitions are carried on a regular basis over 12 months through the Phoenix leagues. The Club is open Monday - Once a month (Airgun Night). Opening times of 6pm to 8pm Thursday - Once a month. Opening times of 6pm to 9pm Wednesday night Competition Night) from 6:00pm to 10pm The Club has access to MoD ranges where full bore rifles are used.  The ranges are located at Catterick, Bellerby (North Yorkshire). Various ranges are used from 300 to 600 yards. Organised shoots are done monthly. The Club is Home Office Approved / National Rifle Association the Club is a fully Home Office Approved. Any visits to the club outside of the times are only done by appointment only. To arrange a preliminary visit or discuss what the club has to offer you can contact the club secretary on the details below:

John Killip Contact Number 07479624137 Email Address - wrcsecretary@hotmail.com

Membership Forms / Contact Details /Information /Membership application forms can be obtained from the club secretary. All new members to the club must service a three-month probationary period before they become full members of the club.

**Seascale Tennis Club**

Located next to the Windscale club, we have three all-weather courts. The club caters for tennis players of all levels. The club is very social and has several mixed ability sessions each week. The main club session is on a Sunday morning, starting from about 09:00 – 12:00 (Although there are a number who start at 08:00)!. We have sessions on Wednesday mornings from 09:00 and from April to September, we also meet on Monday nights from 17:00 onwards. We mainly play doubles during club sessions where all members mix in together.

For beginners, or those wanting to

brush up on their forehand, we offer coaching for juniors and adults on Sunday afternoons. Sessions are from 13:00-15:00. We can provide equipment and tuition on the basics of the game. There is a small charge for these sessions for non-members.

For those wanting to play at a higher level, we compete in the West Cumbria league, which offers men’s, women’s and mixed doubles throughout the year.

If you’ve not been down before, then we’d love to welcome you for a taster session.

Members have access to the courts throughout the rest of the week.

There is more information available on our website [www.Seascaletennisclub.co.uk](http://www.seascaletennisclub.co.uk/) or send us an email at Seascaletennisclub@gmail.com

**Angling Club**

**The Club has the fishing rights for the north bank of the River Calder from Dukes Way Bridge, approximately 1 ½ miles east to Knocking Wood, with the exception of the stretch of river in the grounds of the Sellapark House Hotel which is private. SASRA provides insurance cover for the club and as a result it is mandatory that all members of this club are members of SASRA. The club charge a small membership fee on top of the SASRA membership fee, which is decided at the AGM.**

**The river Calder is a spate river with levels rising and falling quickly as a result of run off from the land. Fishing is mainly for Salmon and Sea Trout, but brown trout are present and can be caught. Fishing methods are predominately bait (worm and shrimp) and spinning. There are limited areas for fly fishing. The river is currently catch and release only.**

**A small car park is available next to the United Utilities Water Treatment Plant for members to access the river.**

**The club hold their AGM at the back end of the year. All members are welcome to attend.**

**The club also organise fishing trips to other waters mainly during the spring and summer months.**

**For further information please contact the secretary at**

**ian.r.berrycumbria@hotmail.co.uk**

**Role-playing Club**

The club’s activities include Tabletop Roleplaying, Live Roleplaying and occasionally Wargames. The club holds regular meetings in the function room of the Falcon Club, starting at 7:30pm on Tuesday evening. Anyone is welcome to turn up and play, but please note that anybody under 14 must be accompanied by an adult, and, for insurance purposes our LRP events, which run approximately four times a year, are restricted to participants aged 18 and over only. You can just come along and watch if you like, but be warned: roleplaying is a participation hobby and makes dull viewing.

 **Club Contact Details**

Facebook [@sasrafrp](https://www.facebook.com/groups/sasrafrp)

 Paul Ferguson - Jonathan.p.ferguson@sellafieldsites.com - 019467 86267

Geoffrey Brown – geoff.c.brown@uknnl.co.uk

Andrew Bowers – secretary@sasrafrp.co.uk

**Boat Club**

The boat club is located on the foreshore at Seascale. It is a small club mostly used by small fishing craft (up to 18ft long) however trailer Sailers are welcome. We have a secure compound with limited boat parking as well as a clubhouse (no bar) and 2 launching tractors. The compound has wash down facilities for boats and engines. The beach is flat and ideal for launching at most states of the tide.

Contact

Dave Taylorson.  07794436895

Gary Davies.       07833556324

Derek Swinburn 07562095457

Dave Ashburne   07729265774

**Archery Club**

The Sellafield Archery Club is affiliated to Archery GB.  We shoot on Tuesday evenings and Saturday afternoons at the Seascale Sports Hall in the winter and at the Falcon Club in the summer.  We run beginner’s courses in the summer months.  We welcome both juniors and adults and support all disciplines from longbow through to Olympic style and compound bows.  For beginners courses we usually start at the age of 10 for juniors.  We will provide all the necessary equipment to get you started and will give you all the necessary advice for you purchase your own bow when you are ready to make that step.

Contact

 Simon Degler 07837 546641

simondegler@aol.com